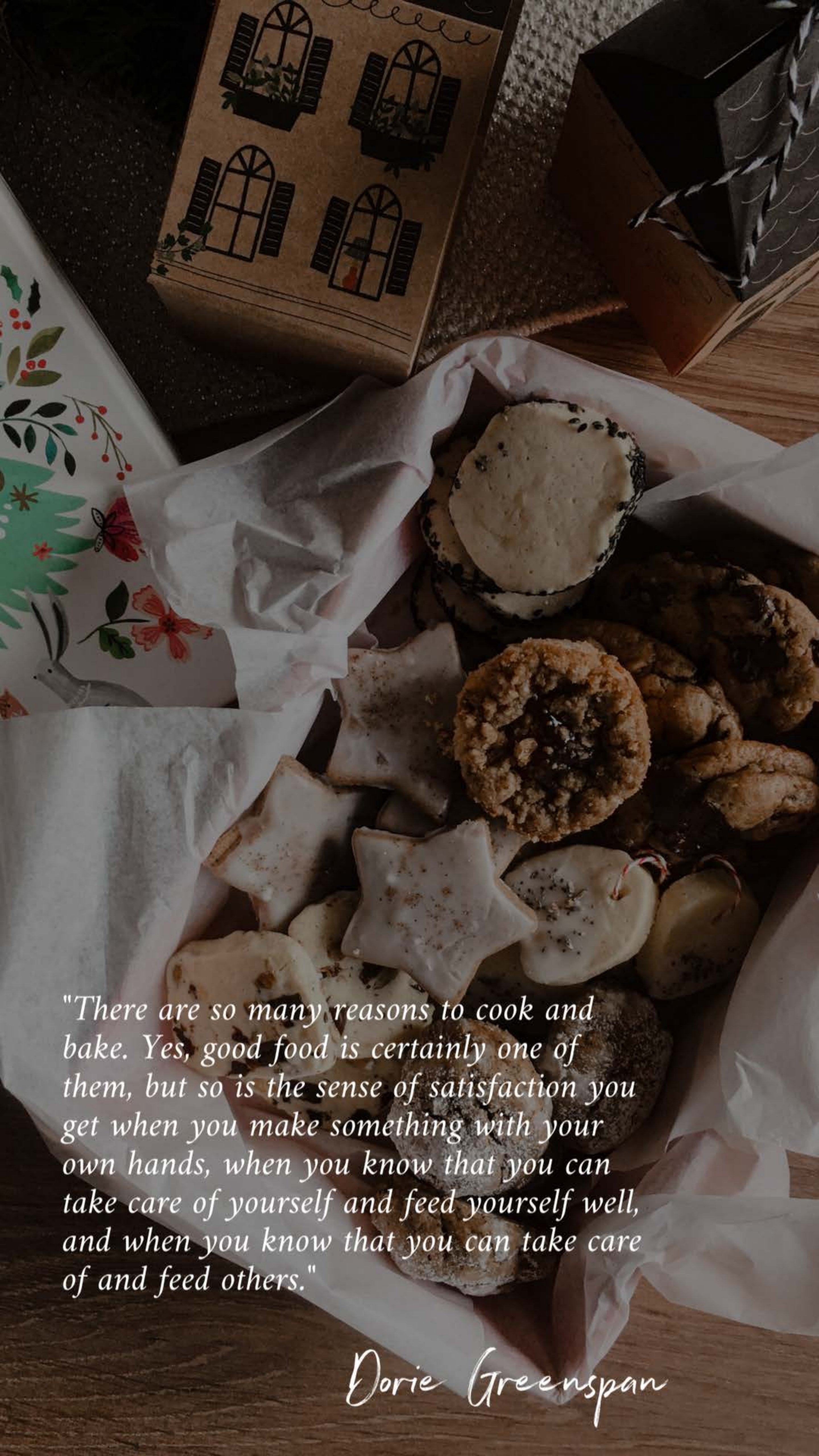




Winter 2022

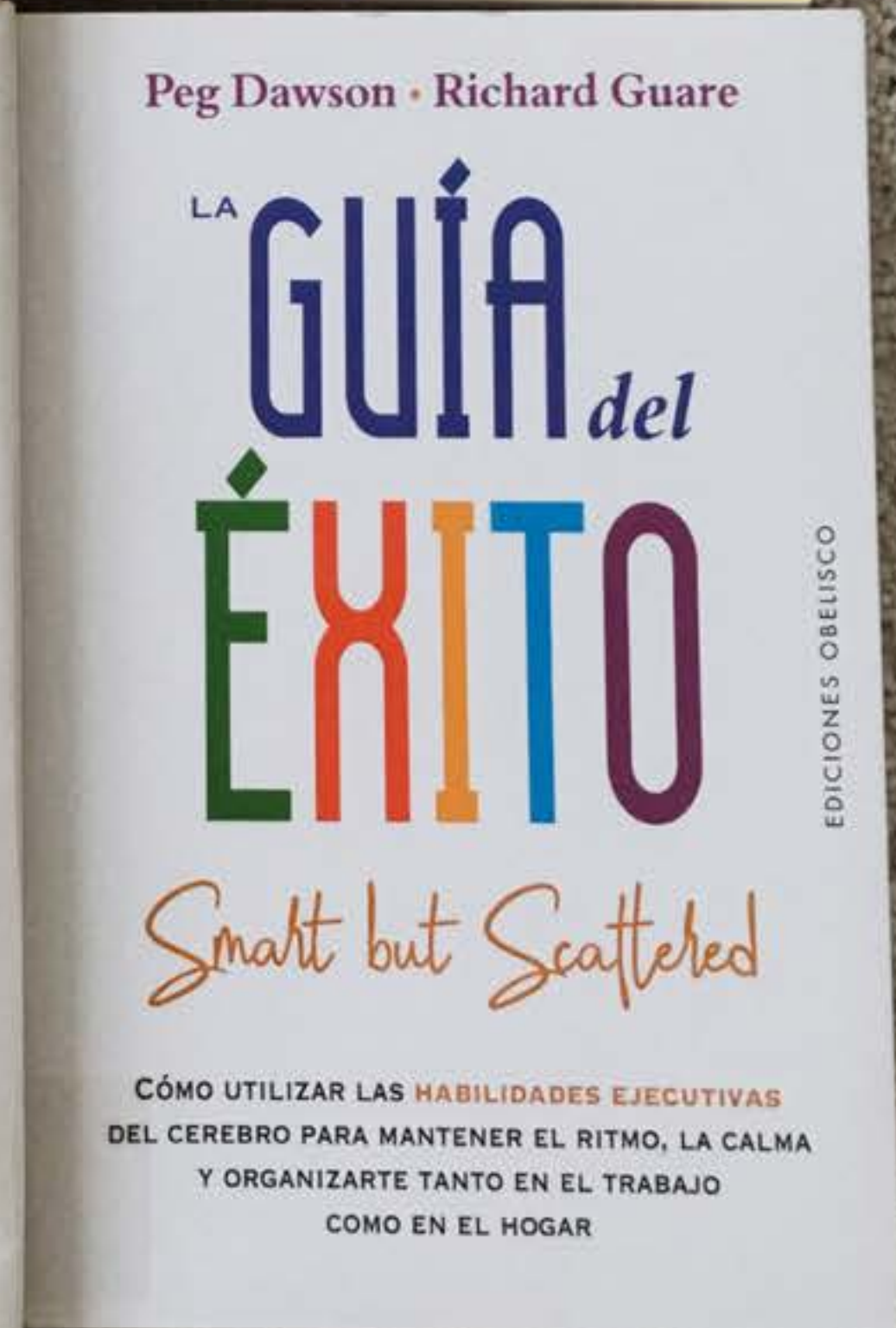
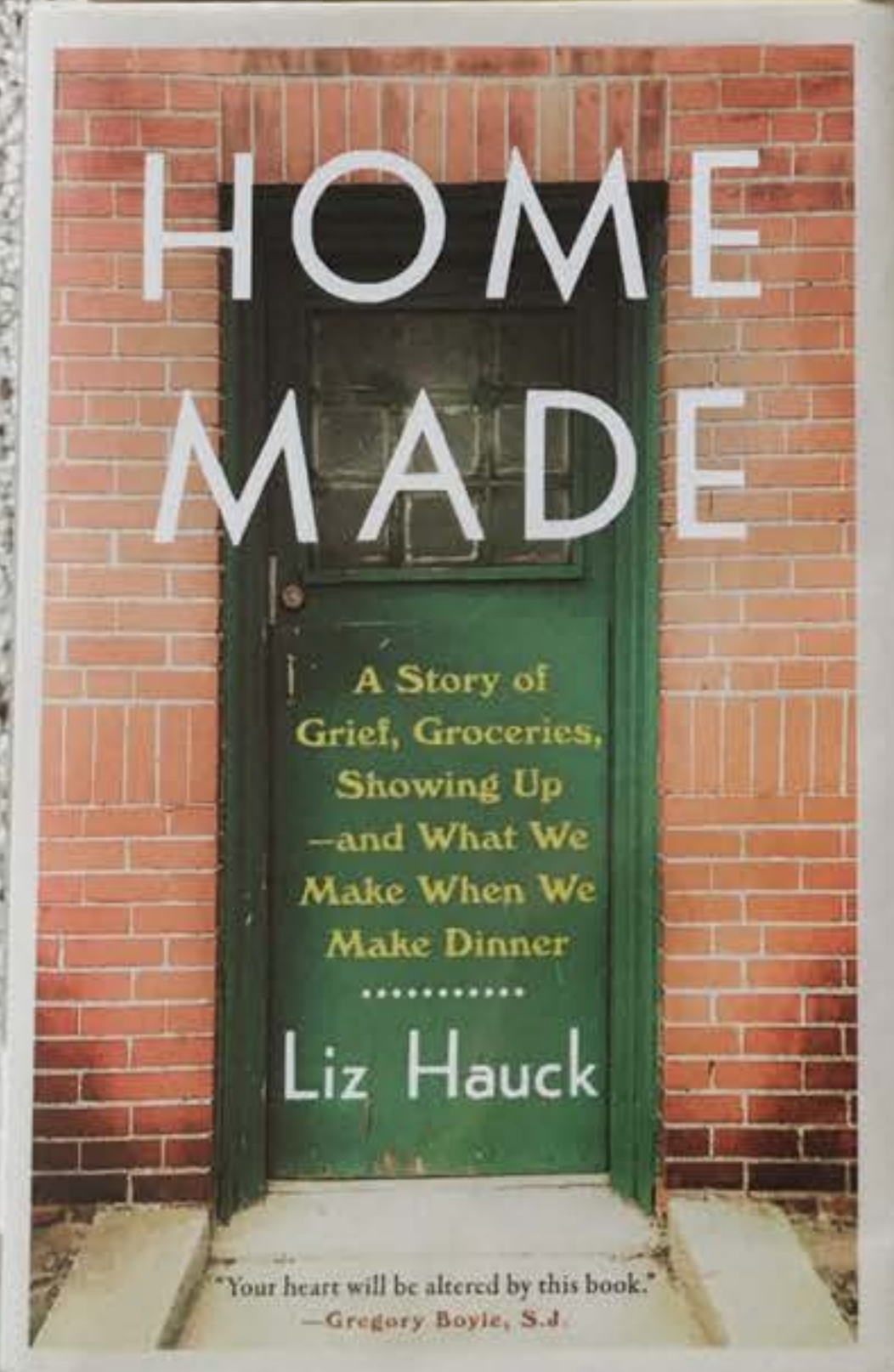
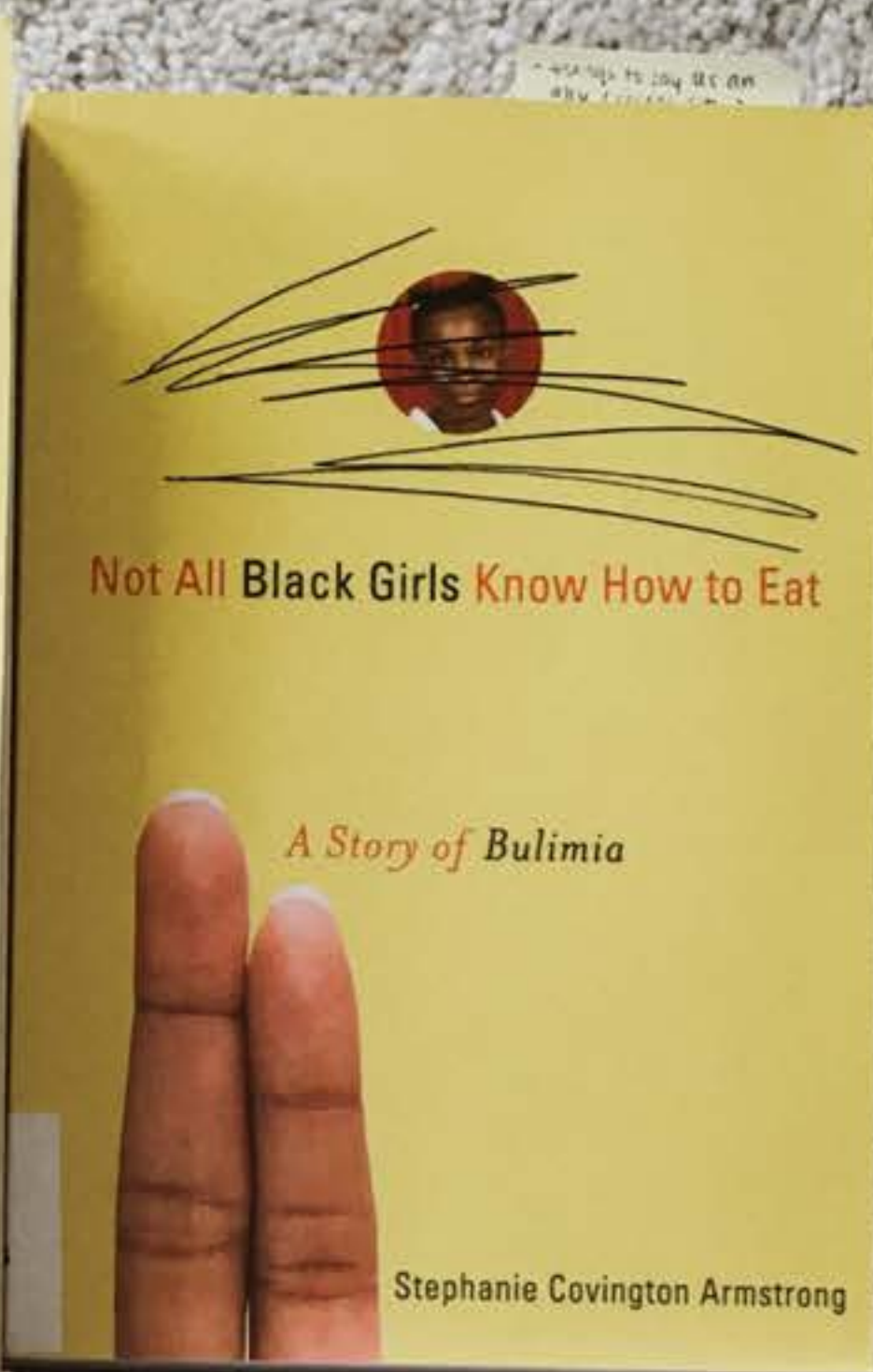
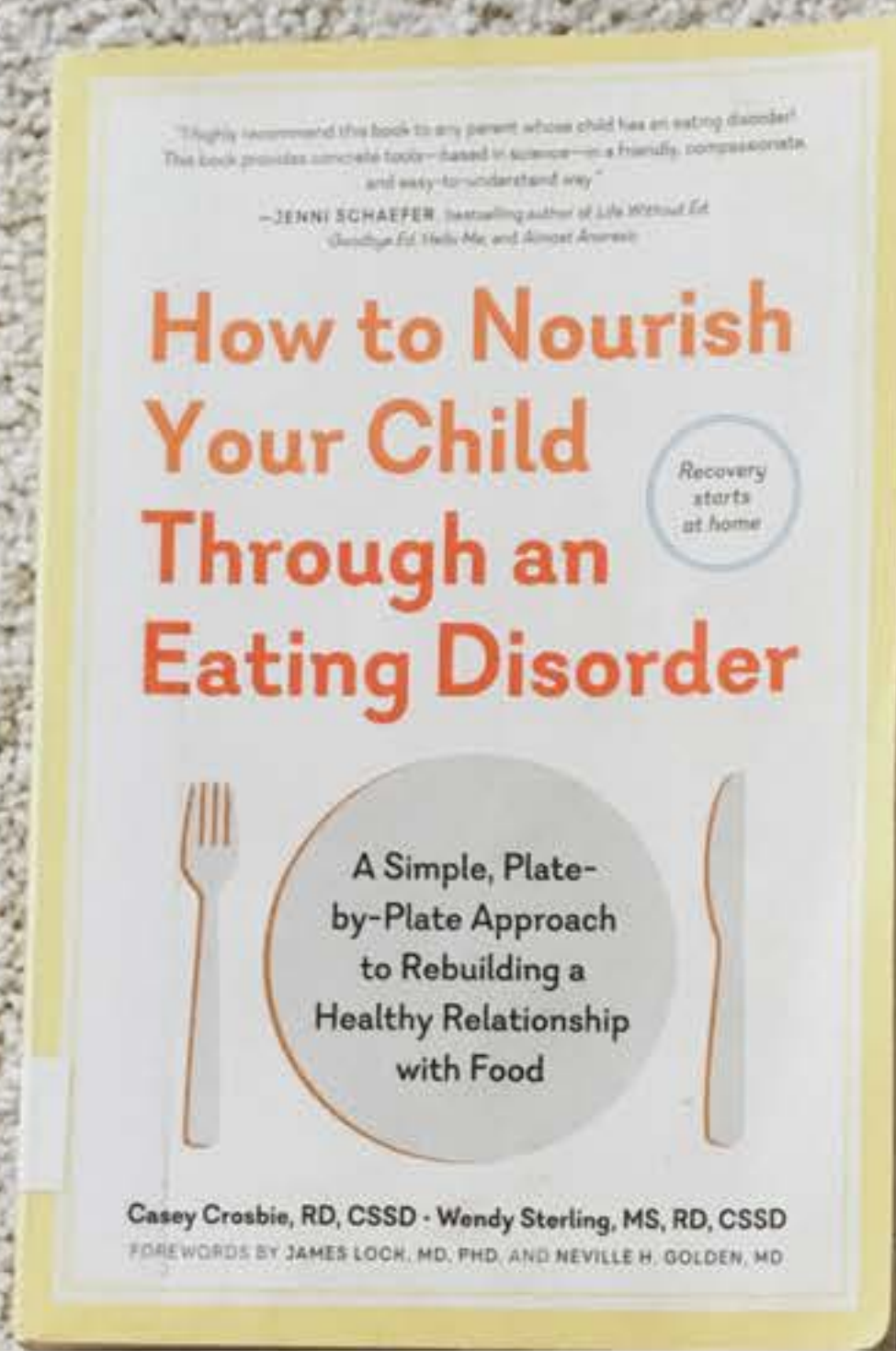
*Nothing is stronger than a small
hope that doesn't give up.*



"There are so many reasons to cook and bake. Yes, good food is certainly one of them, but so is the sense of satisfaction you get when you make something with your own hands, when you know that you can take care of yourself and feed yourself well, and when you know that you can take care of and feed others."

Dorie Greenspan





December's reads



#40 for 2021, and it was a treat.

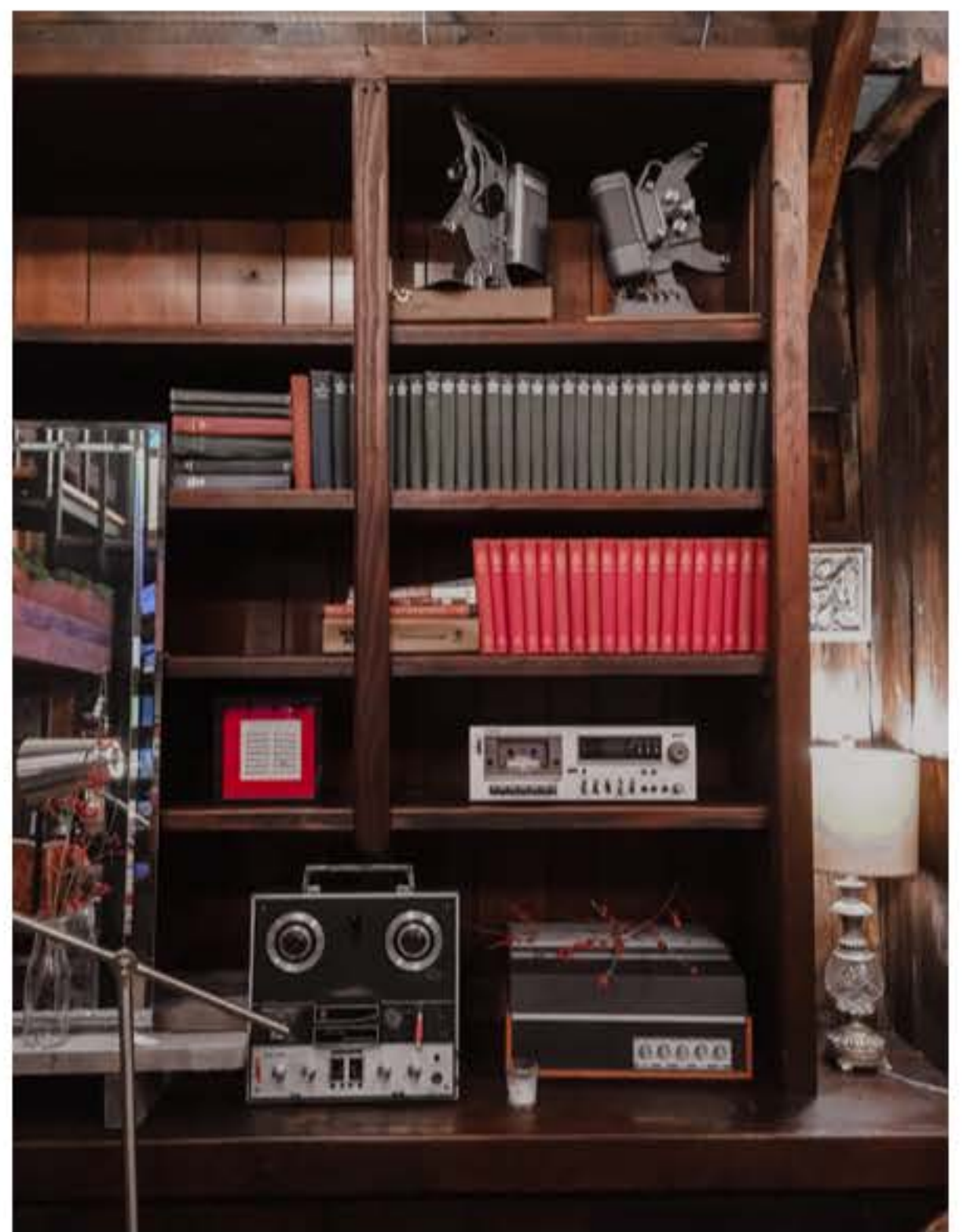




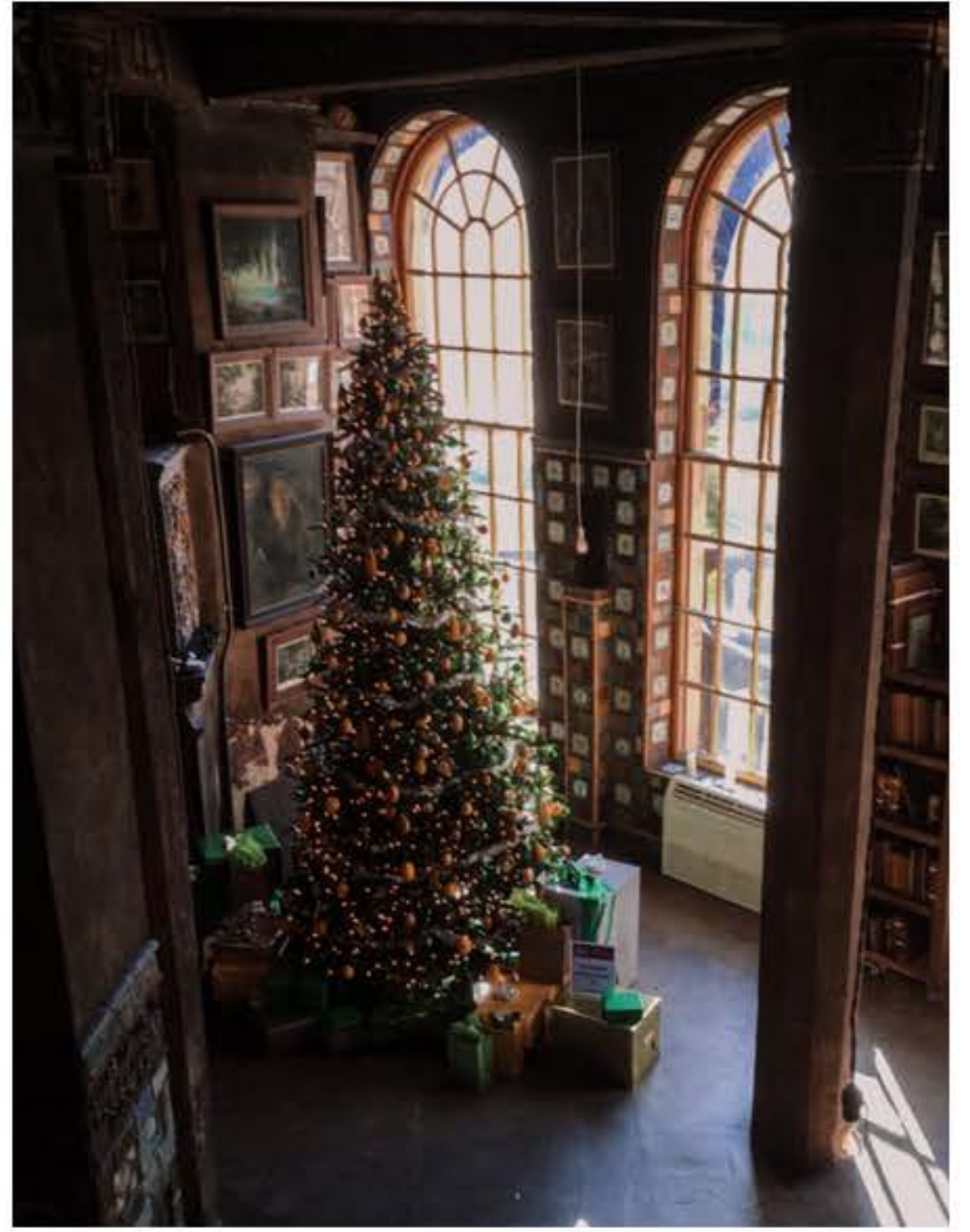




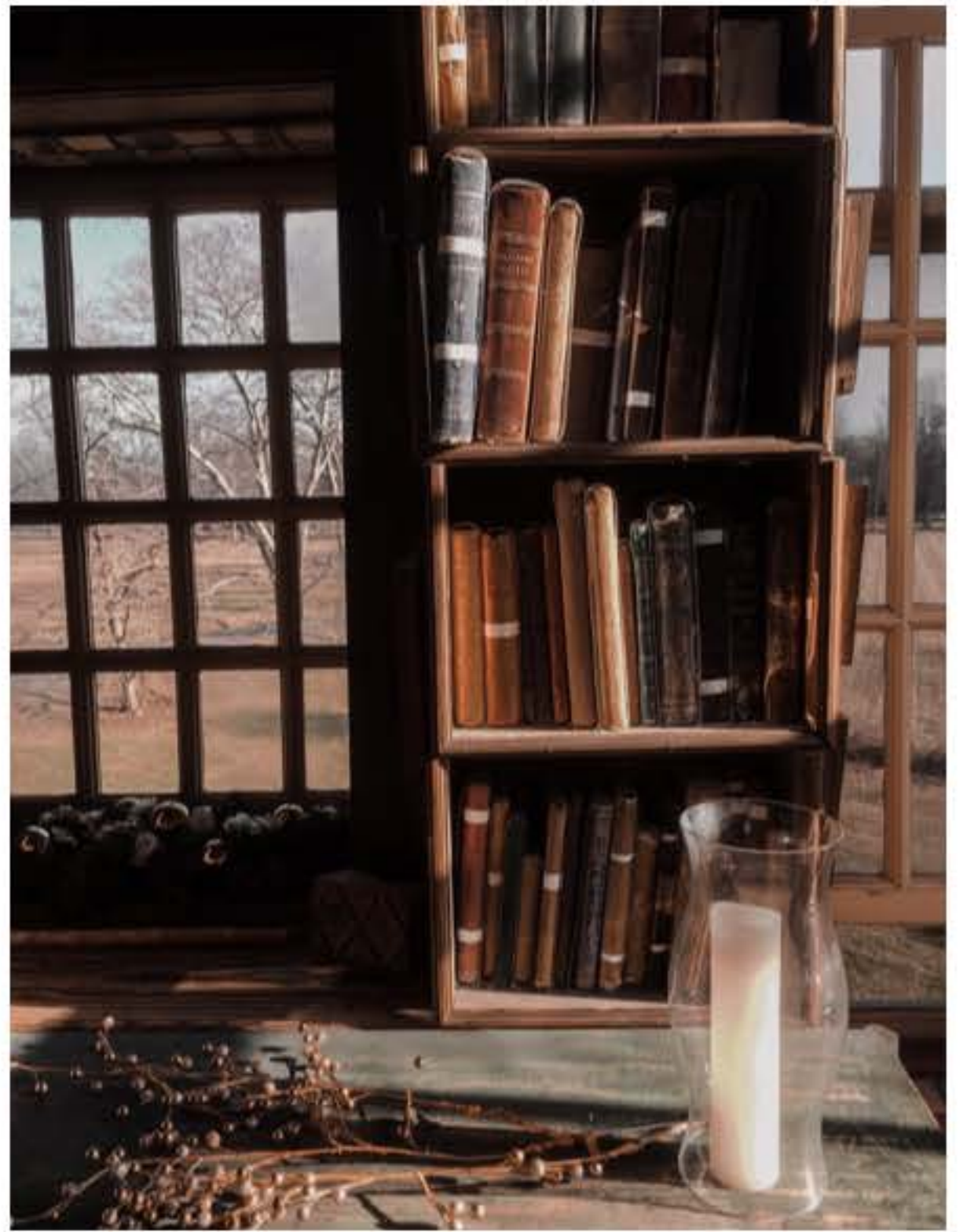
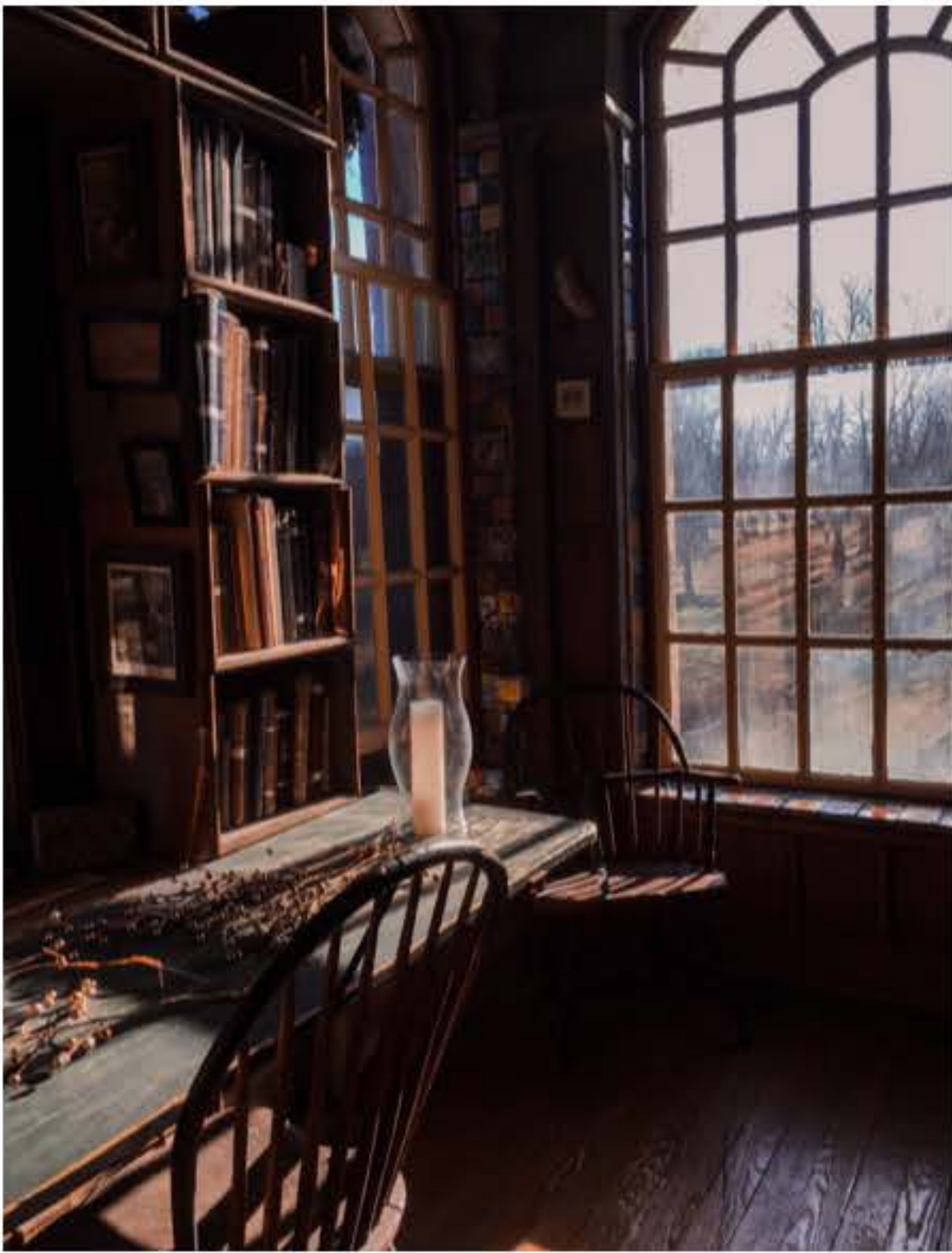


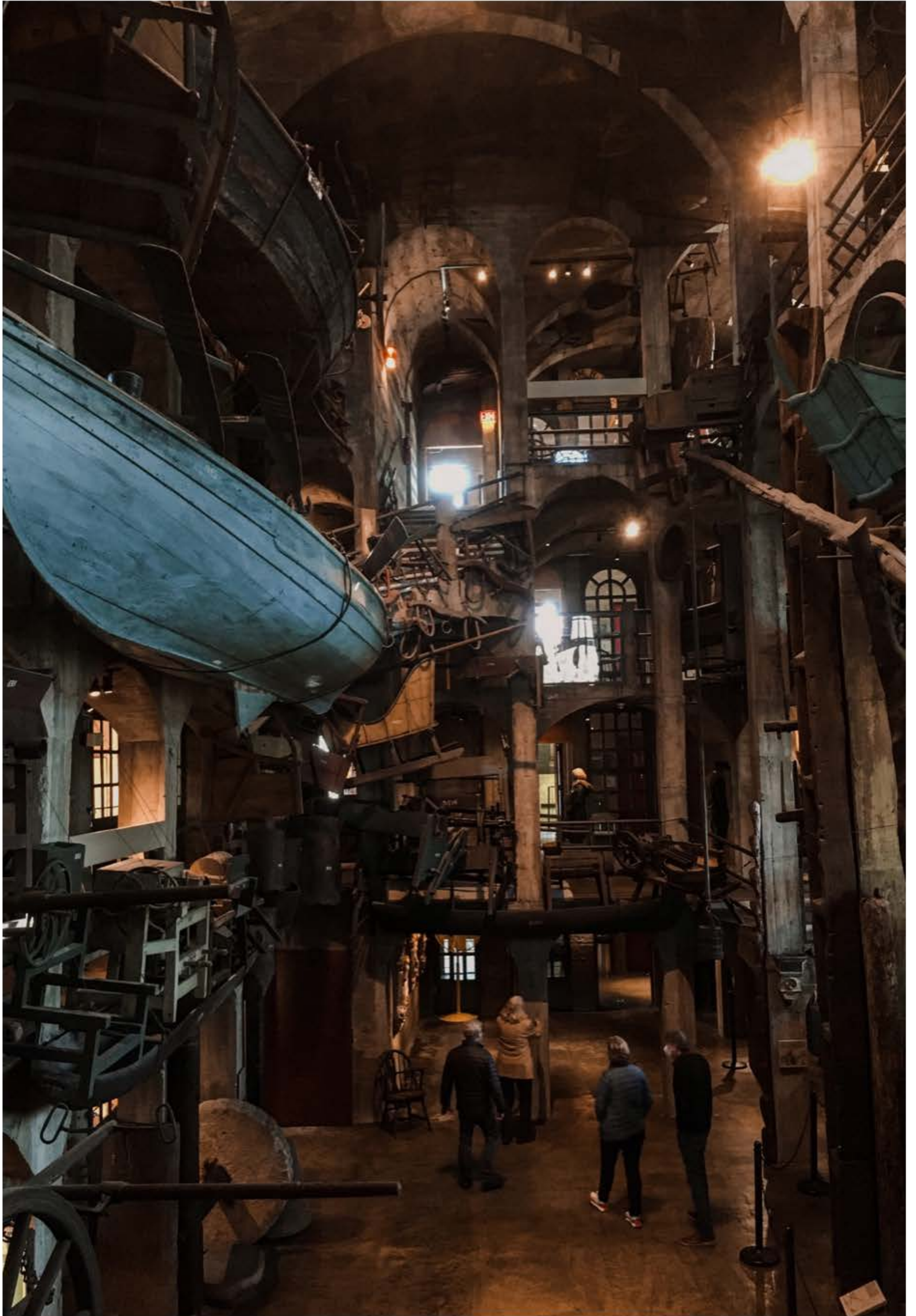


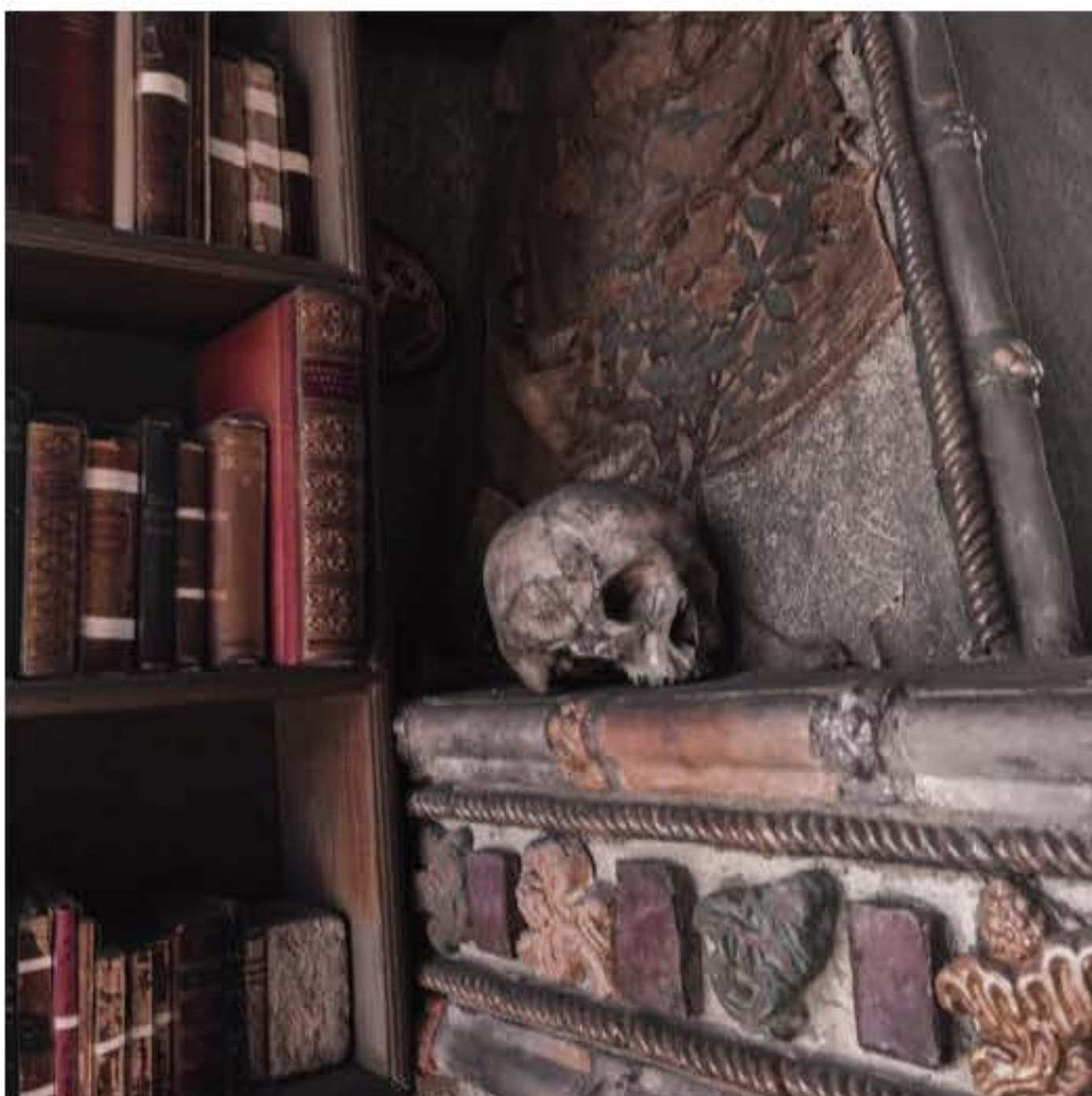
Christmas market in a barn ✨



Christmas in a castle ✨



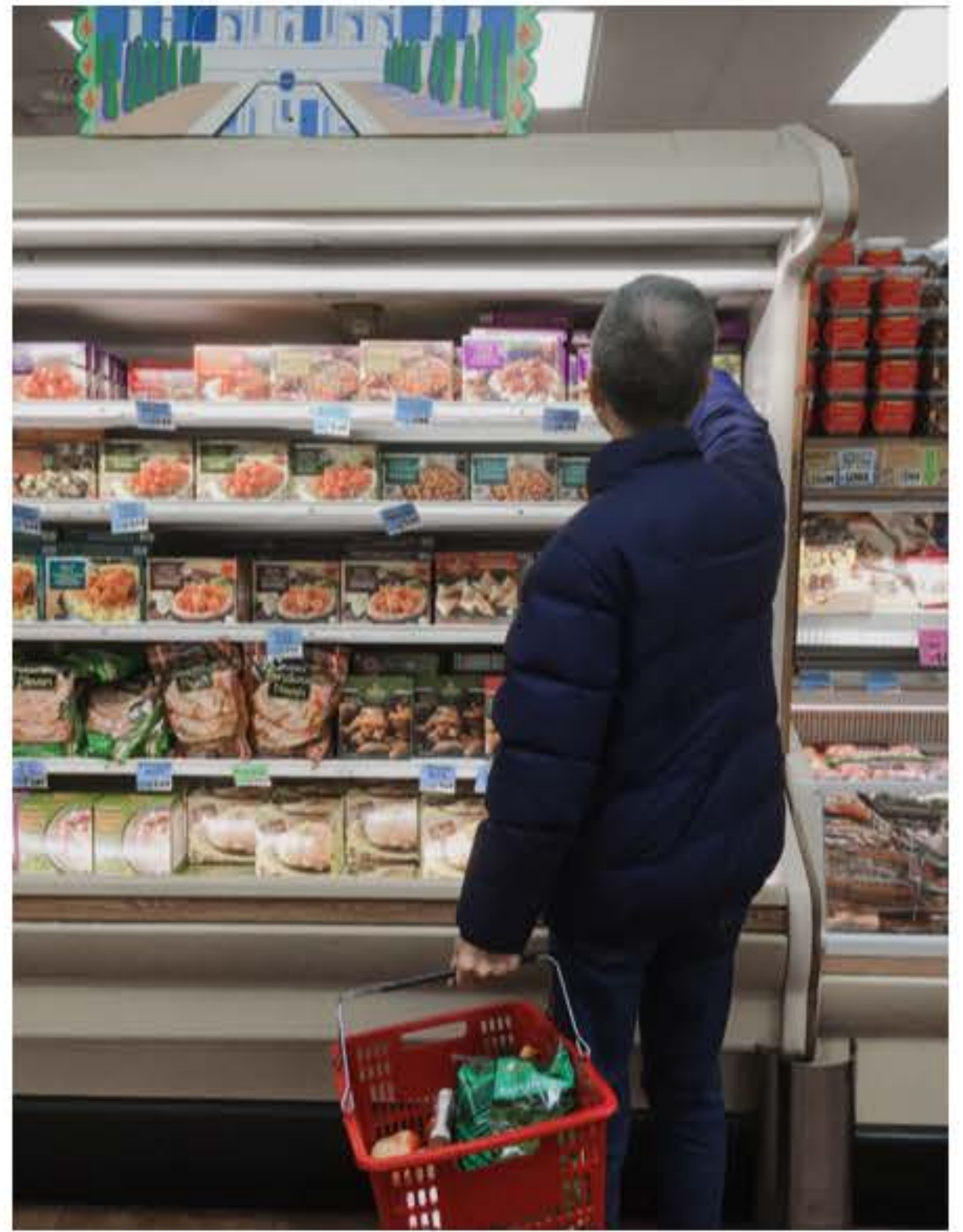








She's back!



*Inspiration for a children's book:
Dad goes grocery shopping and visits the soup
station at all 3 stores.*



Thrift flip!





花卷









生煎包



菜肉包

(Dad's master pleats vs my sea anemone)





*Apple Cake Passport Project continues...
Norwegian Eplekeke!*



December in my kitchen



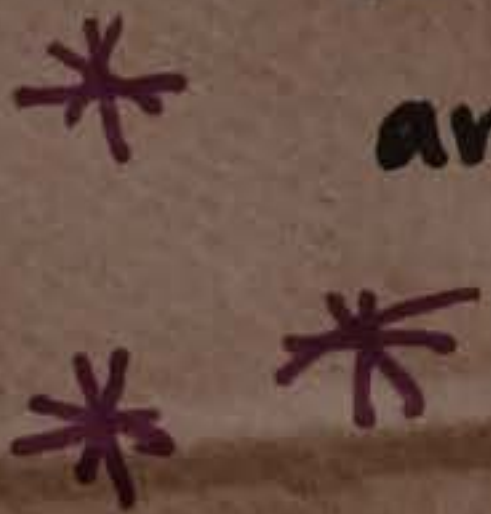
COCKTAIL KIT
Old
FASHIONED
SUGAR NET WT 0.56 OZ (16g) - BITTERS 0.17 FL. OZ. (5mL)

- SUG
- ◆ BIT
- REC
- 📍 SPO

*I think I'm a bubbly
water kind of person*

Even when you
are waiting
for certain things
to fall in place,
may you know
there is still room
to believe, dream,
and create.

MHN



...
eve
time.
to res
even in

mess
comes
aves,
I'll find
gain



January reads

Thank you for sharing "Hunger," Sharon!



Cultivating coziness on a snow day



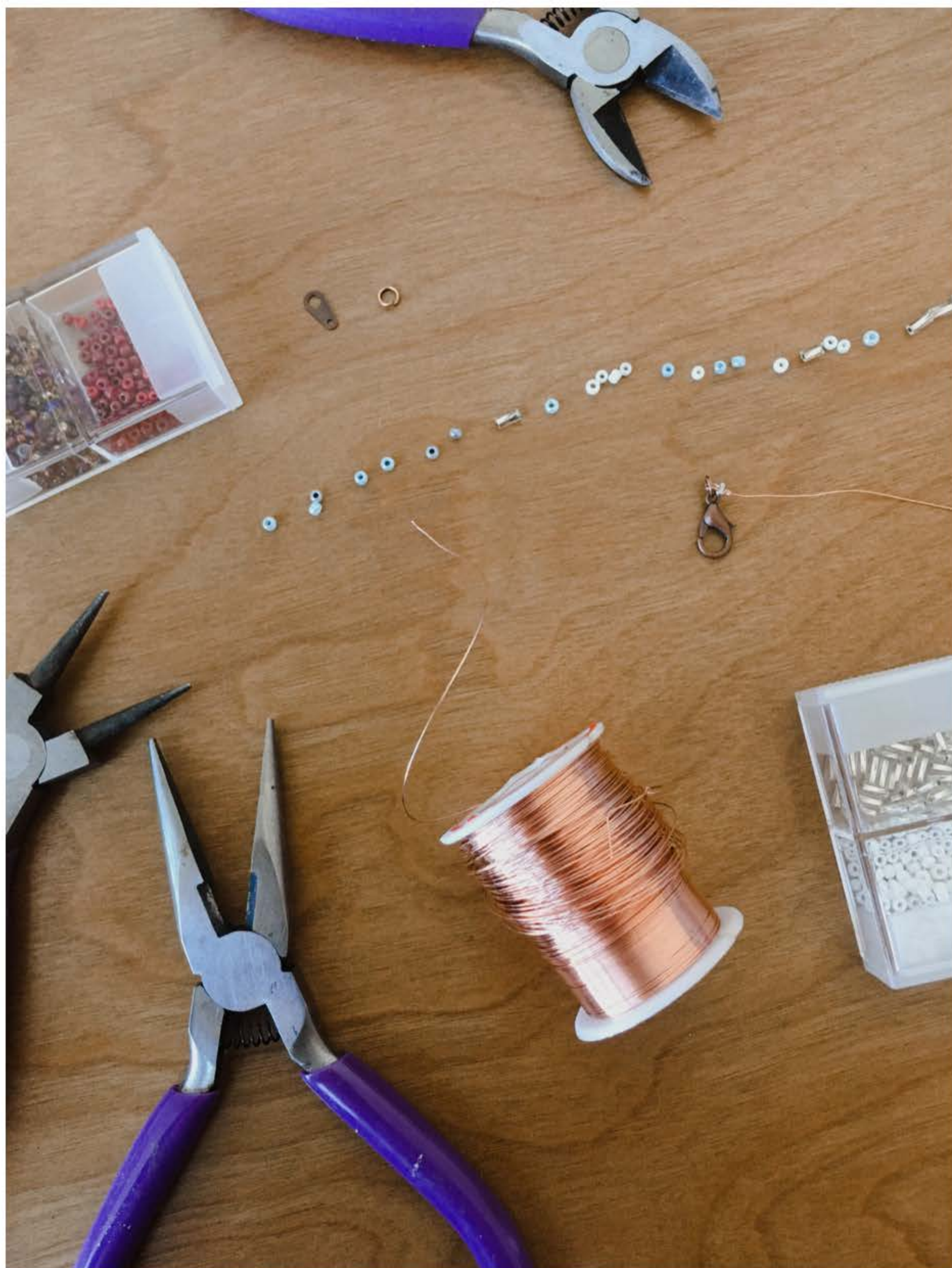




*"Study at home" set up;
caffeine not optional*




Trying to regularly do things that remind me it's okay to not have an "end goal" and it's okay to not be perfect

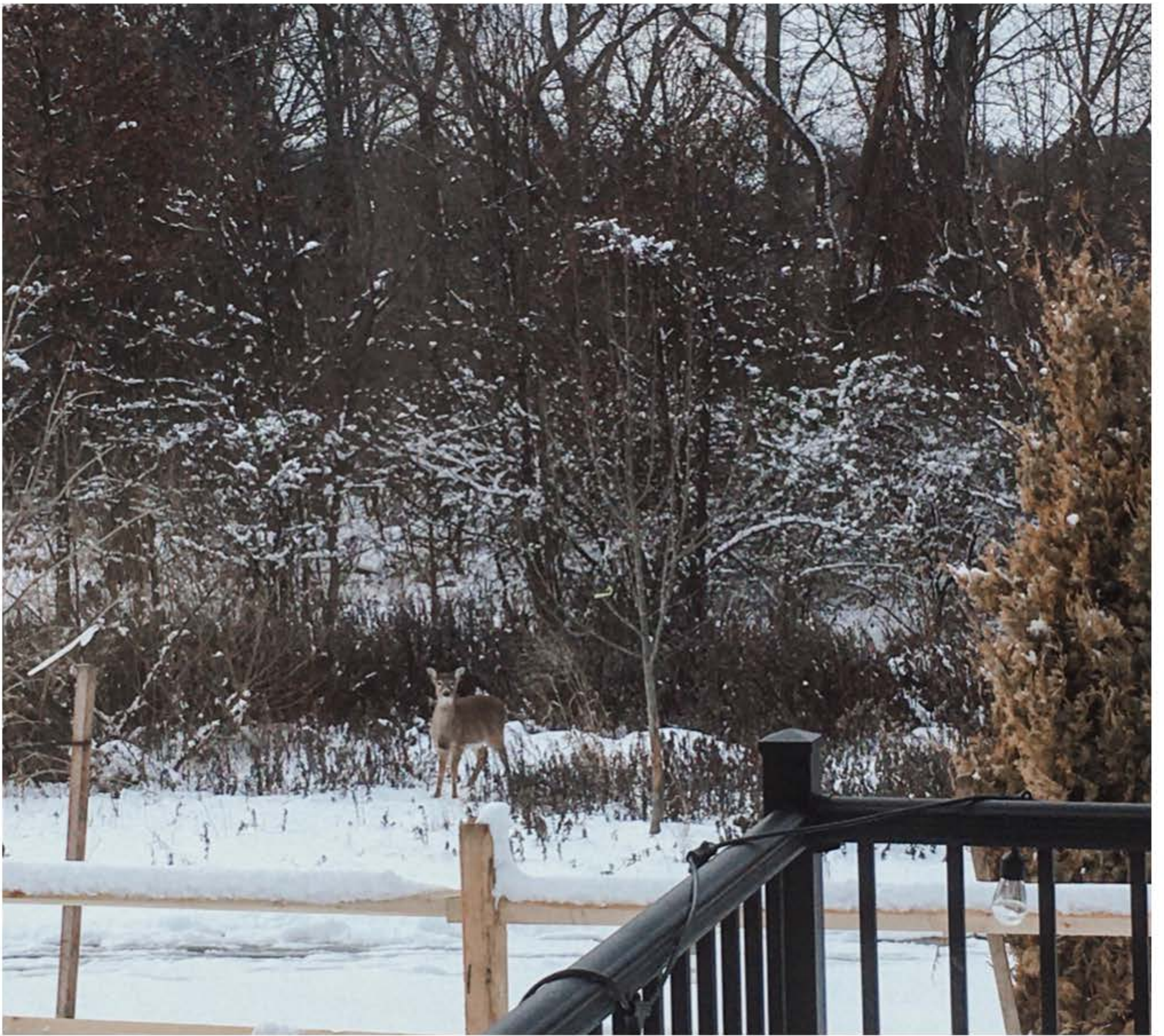


- / .-.. --- -. --. / .-- .- -.-

"The long way"



Winter Markets



*Gustavo after a 12 hour
rise, made with starter
straight from the fridge.*



*It's taken 3.5 years
to reach this level
of strength*







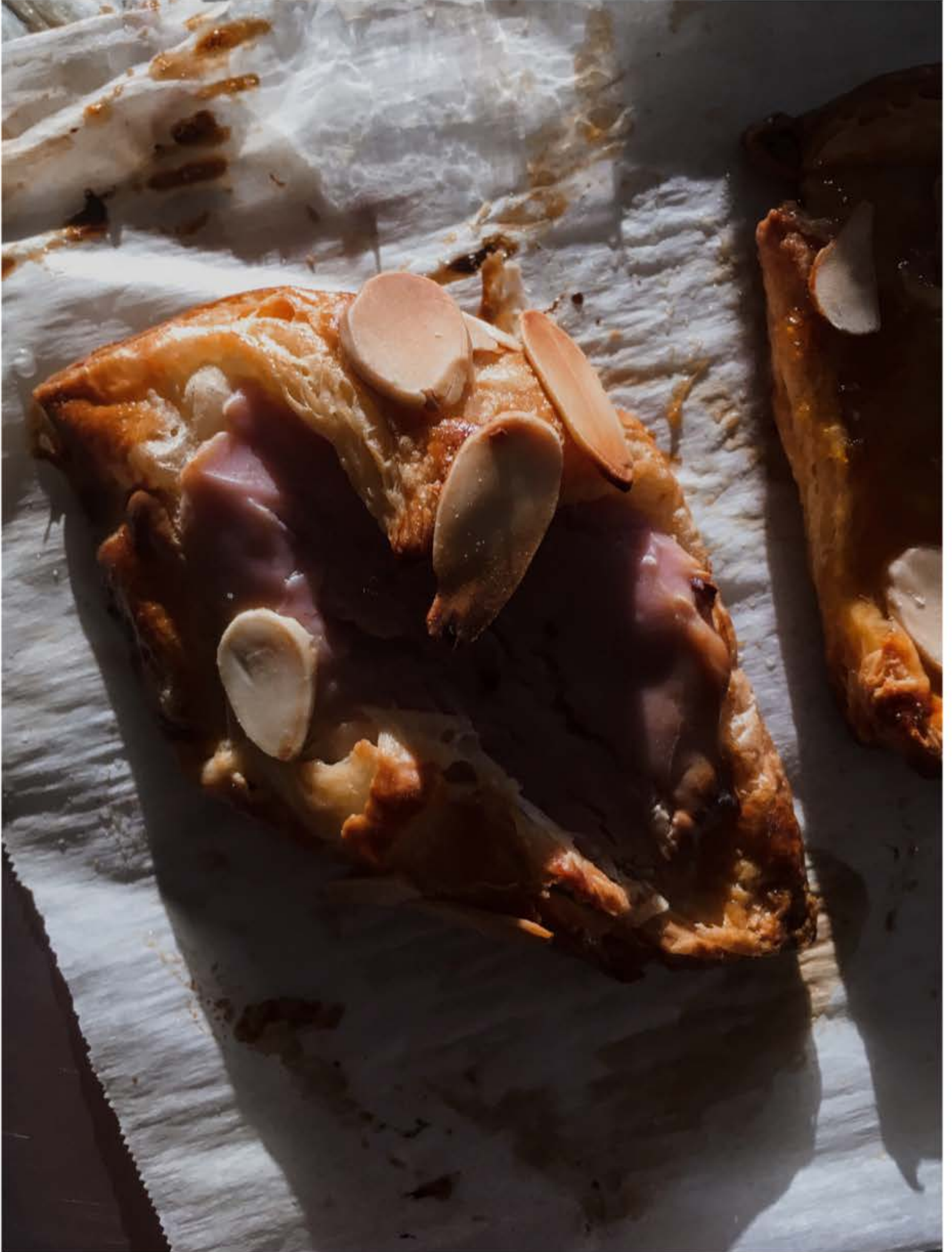
Olive



*Toasted walnut with dried apricots and
cherries (they become nice and jammy
after baking)*



Sesame and dried fruit Danish Rugbrød with local goat cheese and apricot jam



Puff!







Kerry apple cake 🇮🇪



Lynne and Nancy's apple cake 🇺🇸



Miso Maple Loaf Cake.

Swedish Sockerkaka 🇸🇪





Brought together by the magic of mole ✨



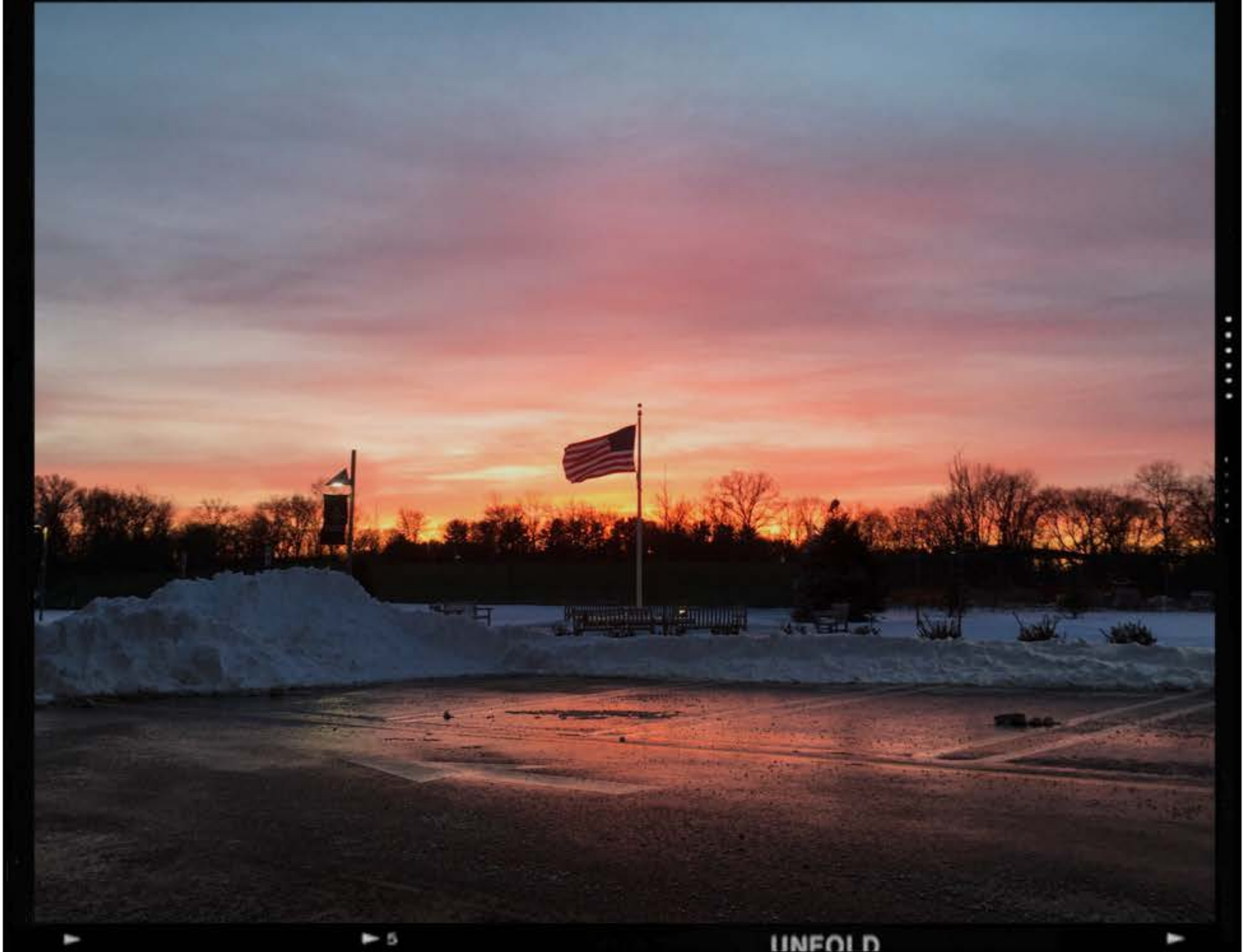
January in my kitchen

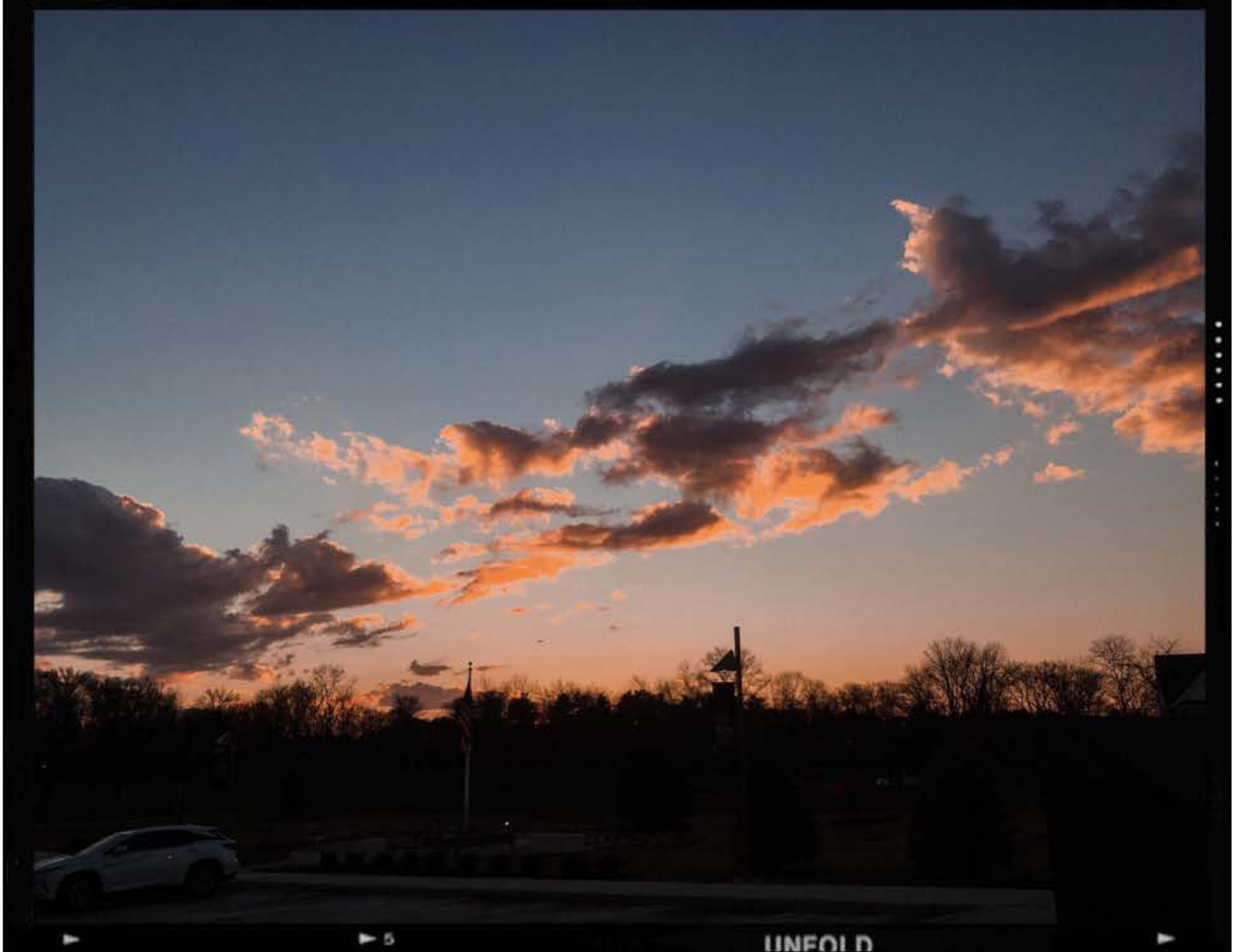
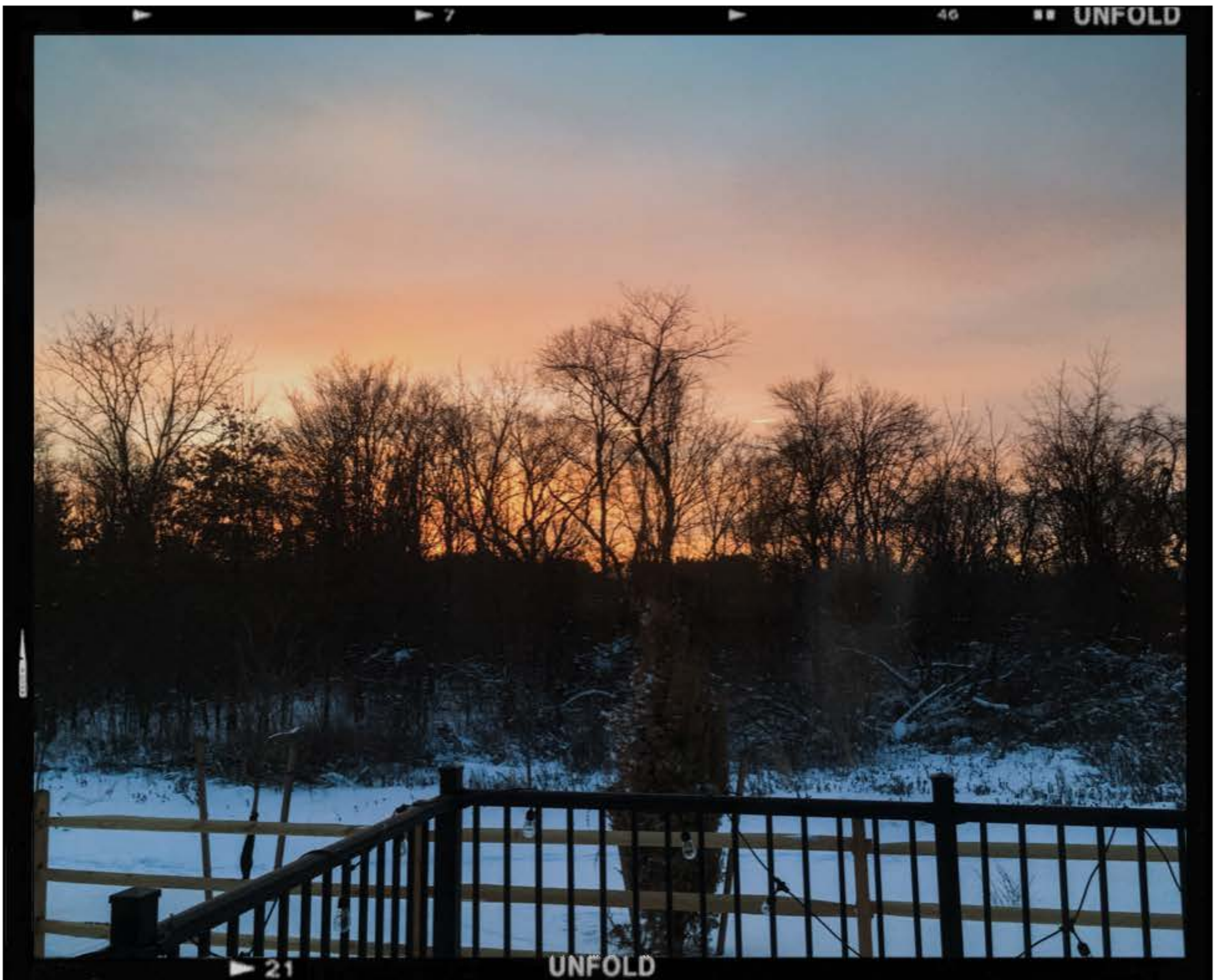




29 January 2022



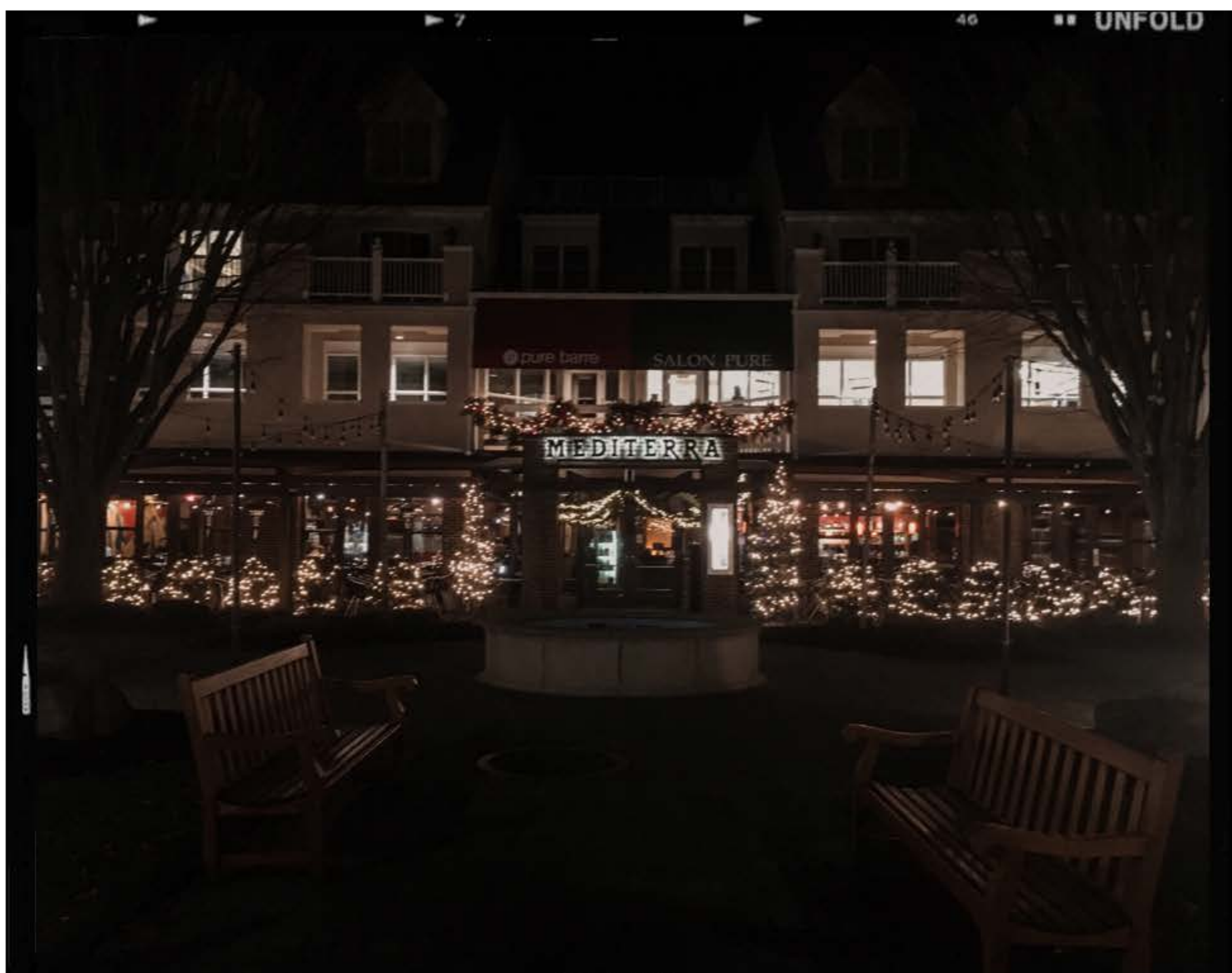




what a gift...

*to know someone
for 22 years and
counting ✨*





*Solo wanders: a simple, self-empowering practice
I don't do enough when living with family*



February's reads

Nurturing the cells and the soul



UNFOLD 2010TX

23

64

UNFOLD 2010TX



UNFOLD 2010TX

91

UNFOLD 2010TX

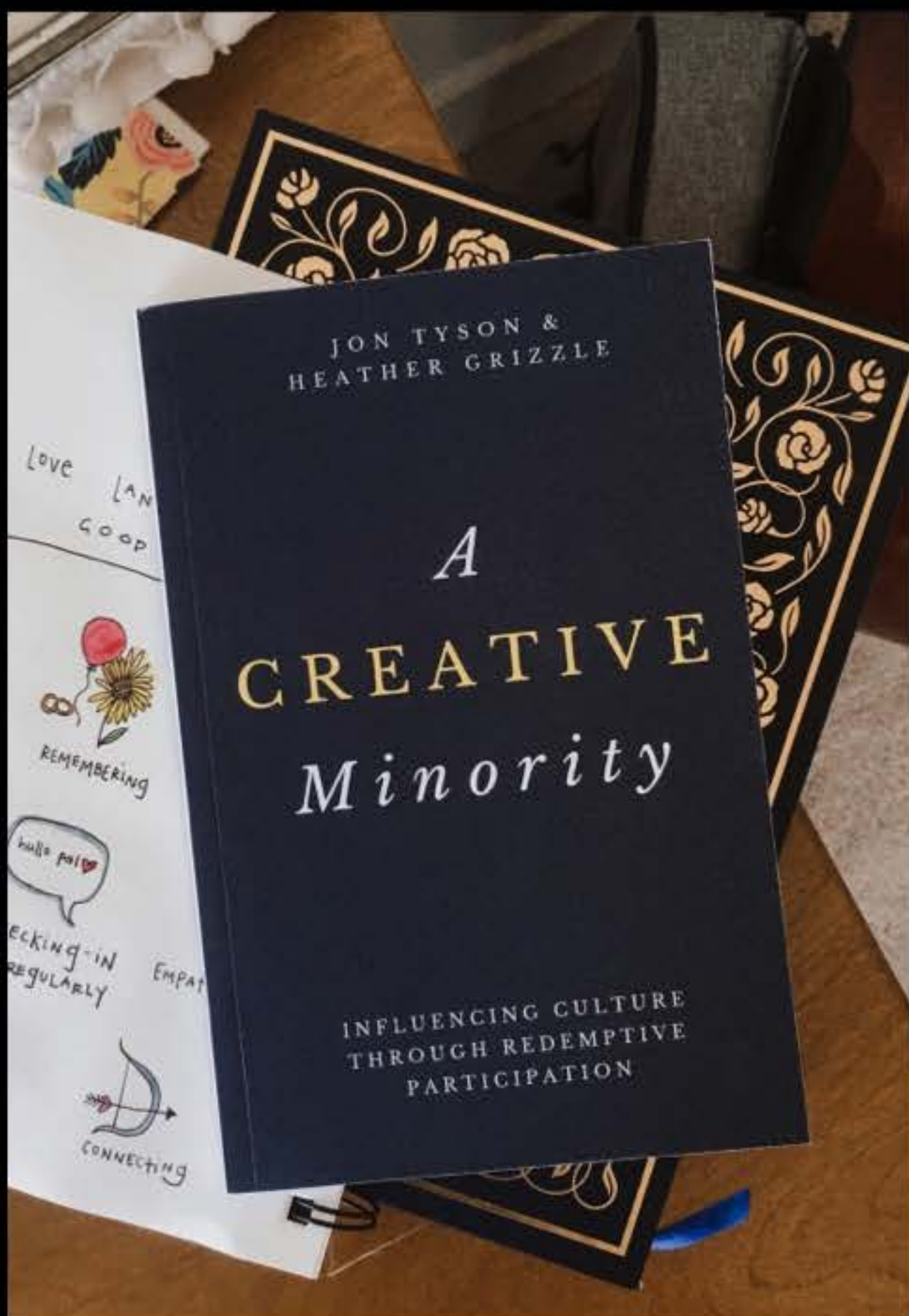


UNFOLD 2010TX

24

65

UNFOLD 2010TX



UNFOLD 2010TX

92

UNFOLD 2010TX



Mom and her ideas



*Learning to trust where
clarity is lacking*



Between Heartlands / Kelly Wang

 *Art@Bainbridge*



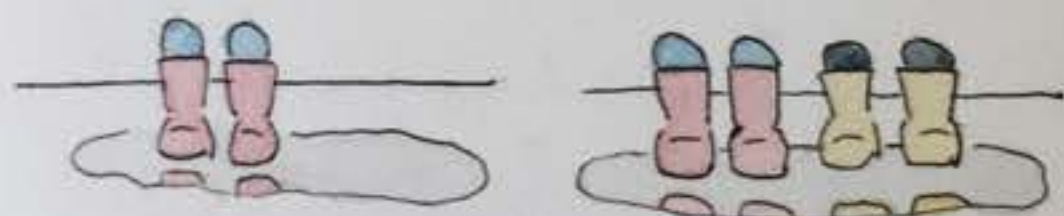




Fletcher Initiative on Religion, Law & Diplomacy:

RELIGION, SCIENCE & DIPLOMACY

it's okay to Not Have
anything to say



UNFOLD 2010TX

23

64

UNFOLD 2010TX

Seasons of Healing

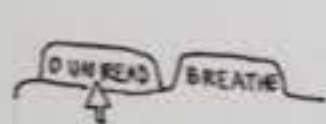


UNFOLD 2010TX

91

UNFOLD 2010TX

THE STRUGGLE of WAITING



EMAIL TAB
KEPT OPENED



PHONE CHECKING
PARANOLA



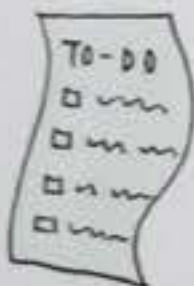
SPIRALING
THOUGHTS



INABILITY TO
STAY FOCUSED



BUTTERFLIES
IN THE BELLY



DESPERATE FOR
DISTRACTIONS

UNFOLD 2010TX

24

65

UNFOLD 2010TX

Life Lessons

from Late Night Hosts & comedians



FALLON

life's too short to
not be silly.



HART

face your fears.



CORDEN

be unapologetically
yourself.



ELLEN

don't be cautious
with kindness
&
just keep swimmin'
swimmin' swimmin'!



JEONG

break the mold!



COLBERT

life is hard.
find the funny.

UNFOLD 2010TX

92

UNFOLD 2010TX

DIY therapy: art journaling with Mari Andrew



World isn't going anywhere
Hang on there if you can
Life is always worth it.

IT'S OKAY

to be broken.

wear the scars of experience.

to be a mess.

to let people find you.

to be who you are.

IT'S OKAY.

And that is even

you have survived

you have been through

you will survive through

try for the person
come.

y.

YOU ARE LEARNING.

YOU ARE KIND.

YOU ARE BRILLIANT.

YOU ARE RECOVERING.

YOU ARE ATHLETIC.

YOU ARE RESILIENT.

YOU ARE LOVED.

" COME TO

all who labor
heavy loads

and I will

you rest



First time back since March 2020



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666 VLM



📍 *Madame Vo's*

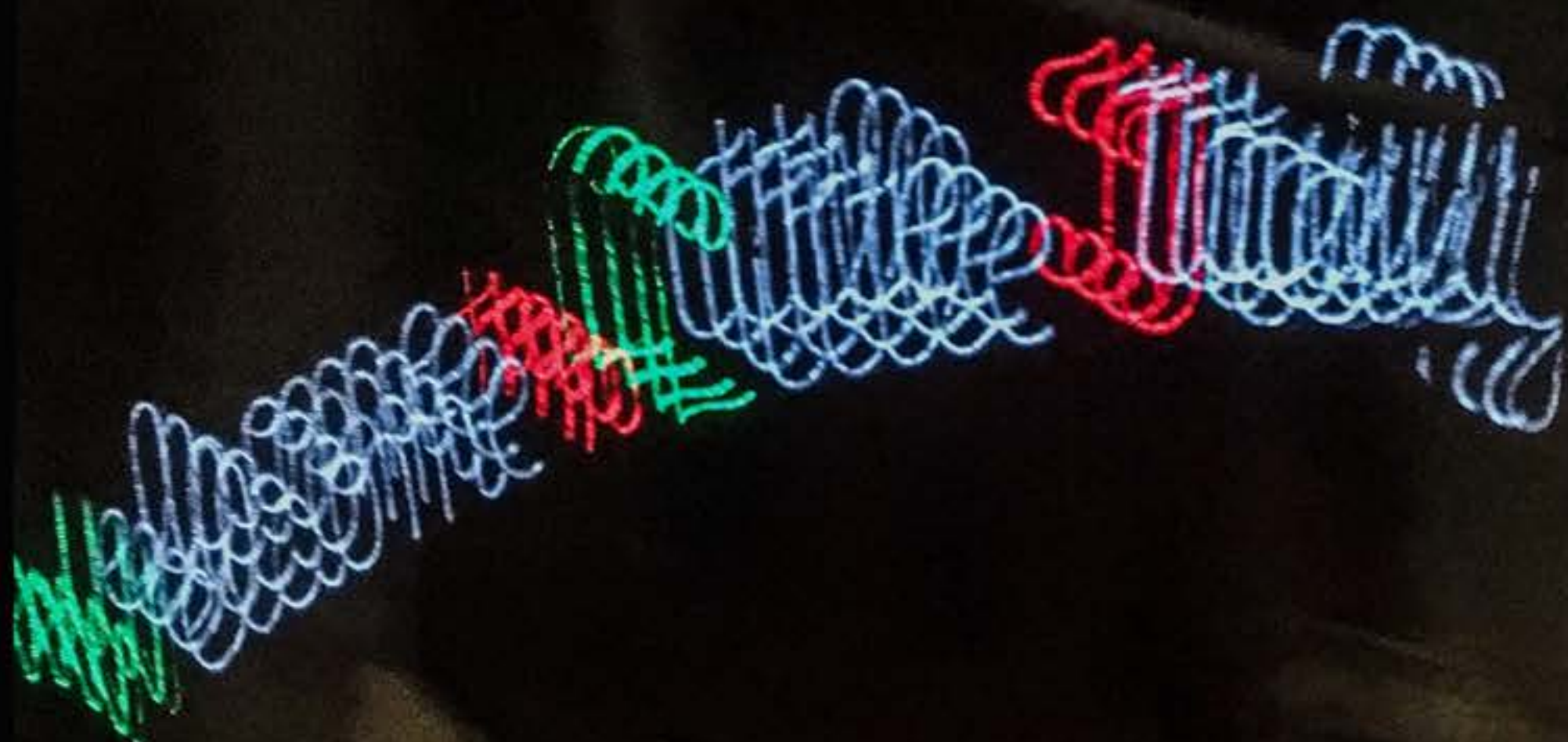


UNFOLD 6086 FF1

92

UNFOLD 6086 FF1

婆婆's snack stash





Mom and her ideas (pt II)

14 February 2022





*February, the month that offered more
and more reasons to gather.*



▶ 54

UNFOLD 40 C-3

▶ 55



00A MIMWWWIA



UNFOLD 92ES

64



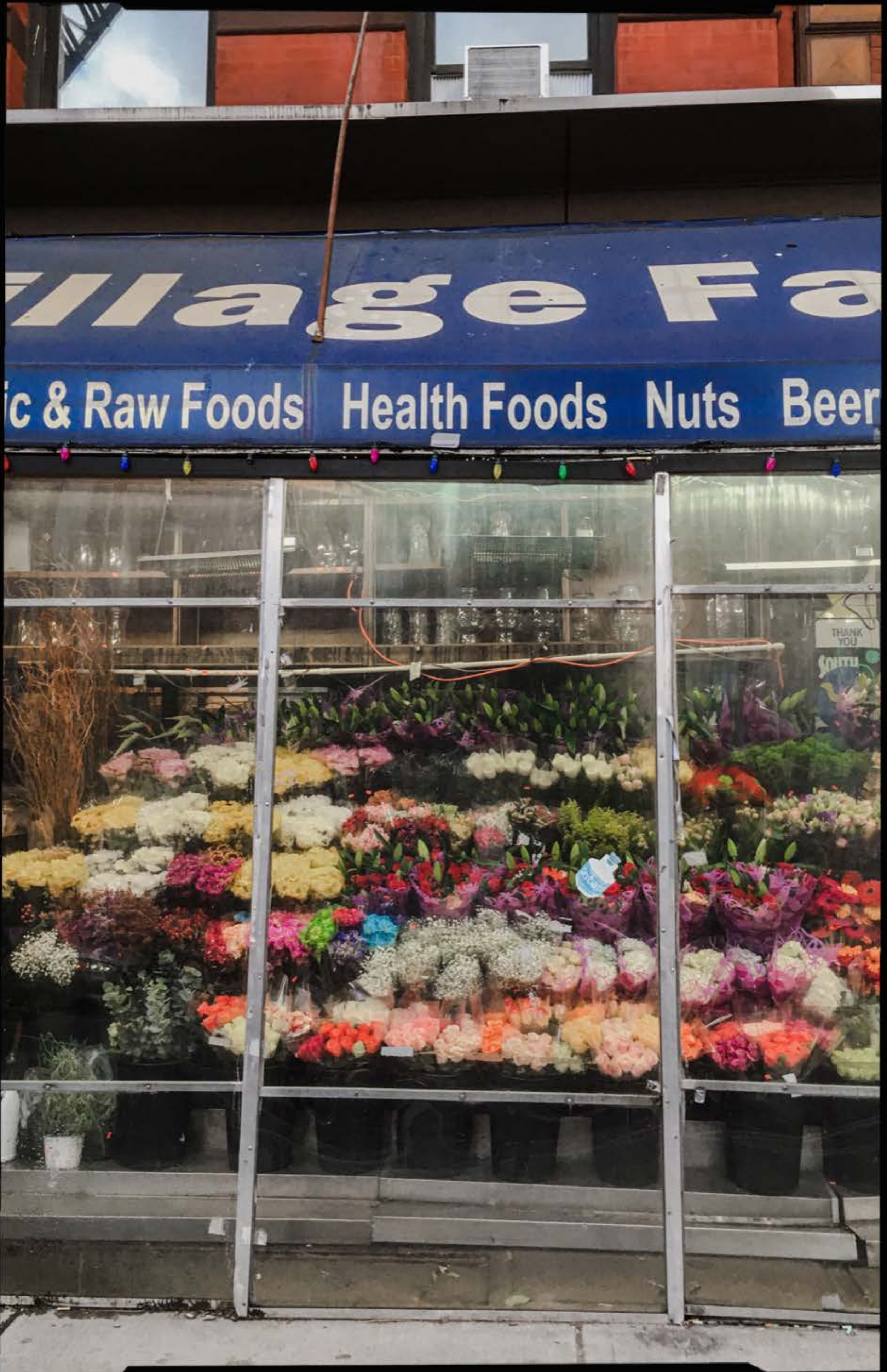
▶ NP400PR

UNFOLD 92ES



▶ 6

AAEAAF



UNFOLD 6086 FF1

92

UNFOLD 6086 FF1









Refreshing things for the spring





Highly recommend 📧❤️



Weathered unexpected turns in life (and changes to bowling plans) with a close pal over London Fogs. Spontaneity never tasted sweeter; adventure never felt more casual.



Latest thrift: a Bialetti Moka Express



Double apple bundt cake



Better one?

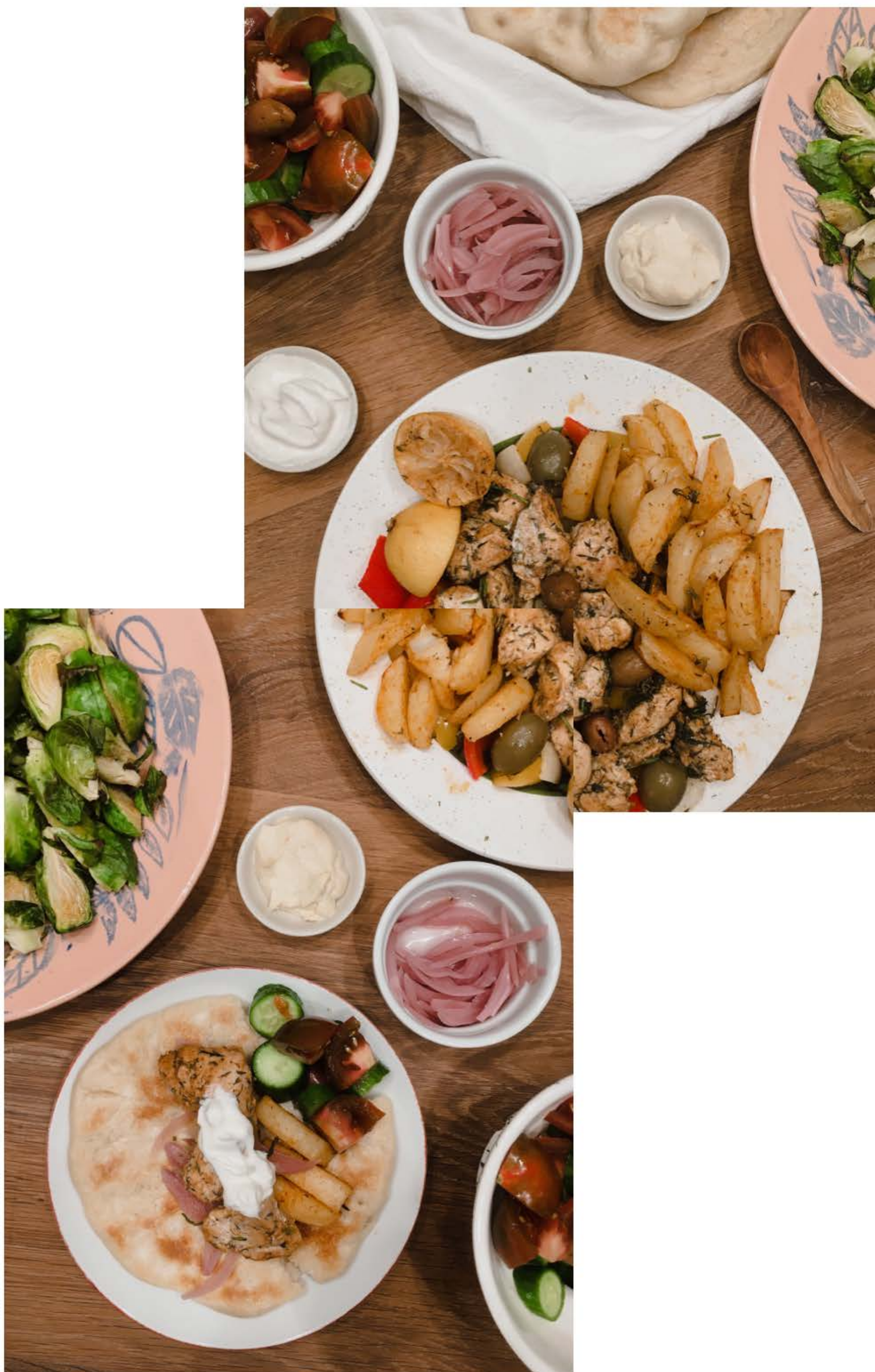


Or better two?



*Final test: same recipe, slightly
different method, different results*

Inspired by 🇬🇷





February in my kitchen